# MSD®MULTI-ARRAYAssay System

### Phospho-IRS-1 (Ser312) Assay Base Kit

20-Plate Kit

K150HLA-3



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## MSD Phosphoprotein Assays

### Phospho-IRS-1 (Ser312) Assay Base Kit

This package insert must be read in its entirety before using this product.

#### FOR RESEARCH USE ONLY.

#### NOT FOR USE IN DIAGNOSTIC PROCEDURES.

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# MSD Advantage

MESO SCALE DISCOVERY'S unique spot patterns are a hallmark of our MULTI-ARRAY<sup>®</sup> technology, which enables the measurement of biomarkers utilizing the next generation of electrochemiluminescent detection. In an MSD assay, specific capture antibodies for the analytes are coated in arrays in each well of a 96-well carbon electrode plate surface. The detection system uses patented SULFO-TAG<sup>™</sup> labels that emit light upon electrochemical stimulation initiated at the electrode surfaces of the MULTI-ARRAY and MULTI-SPOT<sup>®</sup> plates. The electrical stimulation is decoupled from the output signal, which is light, to generate assays with minimal background. MSD labels can be conveniently conjugated to biological molecules, are stable, and are non-radioactive. Additionally, only labels near the electrode surface are detected, enabling non-washed assays.

One of the advantages of MSD assays is the minimal sample volume required as compared to a traditional ELISA, which is also limited by its inability to measure more than a single analyte. With an MSD assay, up to ten different biomarkers can be analyzed simultaneously using as little as  $10-25 \ \mu$ L of sample. These assays have high sensitivity, up to five logs of linear dynamic range, and excellent performance in complex biological matrices. Combined, these advantages enable the measurement of native levels of biomarkers in normal and diseased samples without multiple dilutions. Further, the simple and rapid protocols of MSD assays provide a powerful tool to generate reproducible and reliable results. The MSD product line offers a diverse menu of assay kits for profiling biomarkers, cell signaling pathways, and other applications, as well as a variety of plates and reagents for assay development.

### Introduction

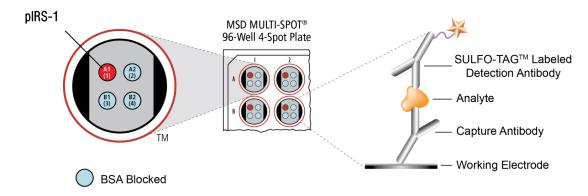
**Insulin Receptor Substrate 1 (IRS-1)** is a 185 kDa phosphoprotein and a member of the Insulin Receptor Substrate family of proteins. These are cytoplasmic adaptor proteins that propagate a signal from an activated cell surface receptor. IRSs are nonenzymatic and do not directly phosphorylate any other proteins. Their ability to effect downstream signaling is as adaptor proteins which recruit other proteins into a larger signaling complexes.<sup>1</sup> IRS-1 is a signaling intermediate between the Insulin Receptor (IR) and the Insulin like Growth Factor-1 Receptor (IGF-1R) and the downstream PI3K and MAPK signaling cascades. Upon ligand stimulation and autophosphorylation of the IR and IGF-1R, IRS-1 binds to these activated receptors (and receptor hybrids) through its SH2 containing domains, becomes phosphorylated on multiple tyrosine residues, and is able to activate and recruit downstream signaling pathways.<sup>2</sup>

The primary role of IRS-1 (along with IRS-2) is as a signaling intermediate for glucose mediated cell division and metabolism.<sup>3</sup> IRS-1 plays a role in cell proliferation in many different types of cancer, such as breast cancer, hepatocellular and prostate carcinomas, medulloblastoma, and malignant pleural mesothelioma. In this proliferative role, IRS-1 is the predominant signaler between IGF-1 binding and stimulation of the MAPK and PI3K signaling pathways.<sup>4</sup> In addition to this proliferative role, IRS-1 also plays a role in cancer cell survival by reducing the ability of the cells to enter apoptosis.<sup>5</sup> The IRS family of proteins are highly studied due to their roles in the very early phases of cancer as well as metastatic progression, and these proteins are seen to have potential both as therapeutic targets of drug development and diagnostic predictors of therapeutic effectiveness, due to their role in drug resistance.<sup>4</sup>



# Principle of the Assay

MSD phosphoprotein assays provide a rapid and convenient method for measuring the levels of protein targets within a single, small-volume sample. The assays are available in both singleplex and multiplex formats. In a singleplex assay, an antibody for a specific protein target is coated on one electrode (or "spot") per well. In a multiplex assay, an array of capture antibodies against different targets is patterned on distinct spots in the same well. The Phospho-IRS-1 (Ser312) Assay is a sandwich immunoassay (Figure 1). MSD provides a plate that has been pre-coated with capture antibody for total IRS-1. The user adds the sample and a solution containing the detection antibody—anti-phospho-IRS-1 (Ser312) conjugated with an electrochemiluminescent compound, MSD SULFO-TAG label—over the course of one or more incubation periods. Analyte in the sample binds to the capture antibody immobilized on the working electrode surface; recruitment of the conjugated detection antibody by bound analyte completes the sandwich. The user adds an MSD read buffer that provides the appropriate chemical environment for electrochemiluminescence and loads the plate into an MSD SECTOR<sup>®</sup> Imager for analysis. Inside the SECTOR Imager, a voltage applied to the plate electrodes causes the labels bound to the electrode surface to emit light. The instrument measures intensity of emitted light to provide a quantitative measure of phosphorylated IRS-1 (Ser312) present in the sample.



*Figure 1.* Spot diagram showing placement of analyte capture antibody. The numbering convention for the different spots is maintained in the software visualization tools, on the plate packaging, and in the data files. A unique bar code label on each plate allows complete traceability back to MSD manufacturing records.

# **Reagents Supplied**

Product Description	Storage	Quantity per Kit K150HLA-3
MULTI-SPOT 96-Well 4-Spot IRS-1 Plate N450HLA-1	2-8°C	20 plates
SULFO-TAG Anti-Phospho-IRS-1 Antibody <sup>1</sup> (50X)	2-8°C	4 vials (375 µL ea)
Read Buffer T (4X) R92TC-3 (50 mL), R92TC-2 (200 mL)	RT	1 bottle (200 mL)

### Required Materials and Equipment - not supplied

- Deionized water for diluting Tris Wash Buffer (10X) and Read Buffer T (4X)
- 500 mL bottle for reagent preparation
- 50 mL tubes for reagent preparation
- 15 mL tubes for reagent preparation
- Microcentrifuge tubes for preparing serial dilutions
- Appropriate liquid handling equipment for desired throughput, capable of dispensing 10 to 150 µL into a 96-well microtiter plate
- Plate washing equipment: automated plate washer or multichannel pipette
- Adhesive plate seals
- Microtiter plate shaker

### Optional Material — not supplied

- Phospho-IRS-1 (Ser312) Whole Cell Lysate Set (C10HL-1)
- Phosphoprotein Reagent Support Pack (K0000D-3)



<sup>&</sup>lt;sup>1</sup> Some SULFO-TAG conjugated detection antibodies may be light-sensitive, so they should be stored in the dark.

# Safety

Safe laboratory practices and personal protective equipment such as gloves, safety glasses, and lab coats should be used at all times during the handling of all kit components. All hazardous samples should be handled and disposed of properly, in accordance with local, state, and federal guidelines.

# **Reagent Preparation**

### Note

The instructions below will prepare the reagents needed as described in the assay protocol. All supplemental reagents (inhibitors, buffers and blocking reagents) are available for purchase in the MSD Phosphoprotein Reagent Support Pack, or alternatively can be purchased and prepared separately by the end user. Please see the enclosed assay development insert for purchasing and preparation instructions.

### **Prepare Tris Wash Buffer**

Dilute 10X stock of Tris Wash Buffer to 1X as shown below. Tris Wash Buffer (1X) will be used throughout the assay to make additional reagents and wash plates. Approximately 350 mL per plate is required—more if using an automatic plate washer.

For one plate, combine:

- □ 35 mL of Tris Wash Buffer (10X)
- □ 315 mL deionized water

Excess Tris Wash Buffer may be stored at room temperature in a tightly sealed container for later use.

### **Prepare Blocking Solution-A**

For one plate, combine:

- **Goomg Blocker A (dry powder)**
- 20 mL 1X Tris Wash Buffer

### **Prepare Antibody Dilution Buffer**

For one plate, combine:

- □ 1 mL blocking solution-A
- 2 mL 1X Tris Wash Buffer

Set aside on ice.



### **Prepare Complete Lysis Buffer**

To 10 mL of Tris Lysis Buffer, add the following supplemental materials to prepare the complete lysis buffer (sufficient for 2-3 plates):

- □ 100 µL Protease Inhibitor Solution (100X stock)
- I 100 μL Phosphatase Inhibitor Solution I (100X stock)
- **□** 100 μL Phosphatase Inhibitor Solution II (100X stock)

The complete lysis buffer should be ice cold before use.

#### Prepare 5% Blocking Solution-B

For one plate, combine:

- □ 50 mg Blocker B (dry powder)
- □ 1 mL complete lysis buffer

Mix well. The 5% blocking solution-B should be ice cold before use.

#### **Prepare Detection Antibody Solution**

For one plate, combine:

- □ 2.94 mL antibody dilution buffer
- **Ο** 60 μL 50X SULFO-TAG Anti-Phospho-IRS-1 Antibody (1X final concentration)

### **Prepare Read Buffer**

For one plate, combine:

- □ 5.0 mL Read Buffer T (4X)
- □ 15 mL deionized water

Diluted read buffer may be stored at room temperature in a tightly sealed container for later use.

#### **Prepare MSD Plate**

This plate has been pre-coated with the antibody for the analyte shown in Figure 1. The plate can be used as delivered; no additional preparation (e.g., pre-wetting) is required. The plate has also been exposed to a proprietary stabilizing treatment to ensure the integrity and stability of the immobilized antibodies.



# Sample Preparation and Storage

This cell lysis protocol is provided as a reference. Specific cell types or targets may benefit from alternative buffer components or techniques, depending upon the particular research application. Most lysis buffers are compatible with MSD MULTI-SPOT plates, although high concentrations of denaturing detergents (>0.1%) and reducing agents (DTT >1mM) should be avoided. Please contact MSD Scientific Support with any questions regarding lysate preparation options.

All manipulations should be performed on ice. The amount of complete lysis buffer required will vary depending on scale of preparation and type of cells. Larger cells (e.g. NIH3T3, HeLa) should be lysed at concentrations of  $1-5 \times 10^6$  cells per mL of lysis buffer. Smaller cells (e.g. Jurkat) should be lysed at concentrations of  $1-5 \times 10^7$  cells per mL of lysis buffer.

Analysis of proteins in their activated state (i.e. phosphorylated) usually requires stimulation prior to cell lysis. Verification of cell stimulation and sample preparation should be performed prior to using this kit. Phosphate Buffered Saline (PBS) should be ice-cold prior to use.

### **Suspension Cells**

Pellet cells by centrifugation at 500 x g for 3 minutes at 2-8°C. Discard supernatant and wash the pellet once with cold PBS. Pellet the cells again, discard supernatant and resuspend in complete lysis buffer at 1 - 5 x 10<sup>7</sup> cells per mL. Incubate on ice for 30 minutes. A shorter incubation time of 15 minutes may be adequate for many targets. Clear cellular debris from the lysate by centrifugation greater than or equal to  $10000 \times g$ , at 2-8°C for 10 minutes. Discard the pellet and determine protein concentration in the lysate using a detergent compatible protein assay such as BCA. Unused lysates should be aliquoted and quickly frozen in a dry ice-ethanol bath and stored at ≤-70°C.

### **Adherent Cells**

All volumes are determined for cells plated in 15 cm dishes. Remove media from the plates and wash cells one time with 5 mL cold PBS. Add 2 mL PBS to the plates and scrape the cells from the surface of the dish and transfer into 15 mL conical tubes. Pellet the cells by centrifugation at 500 x g for 3 minutes at 2-8°C. Discard supernatant and resuspend cells in 0.5 - 2 mL of complete lysis buffer per dish. Incubate on ice for 30 minutes. A shorter incubation time of 15 minutes may be adequate for many targets. Clear cellular debris from the lysate by centrifugation greater than or equal to 10000 x g, at 2-8°C for 10 minutes. Discard the pellet and determine protein concentration in the lysate using a detergent compatible protein assay such as BCA. Unused lysates should be aliquoted and quickly frozen in a dry ice-ethanol bath and stored at  $\leq$ -70°C.

Refer to Appendix I for cell lysate preparation protocol modifications that accommodate the use of 96-well culture plates.

Spot the Difference™

# Assay Protocol

The following protocol describes the most conservative approach to achieving optimal results with the MULTI-ARRAY Phospho-IRS-1 (Ser312) Assay. The entire assay, including plate analysis on the MSD reader, can be completed in 3.5 hours. Once desired results are achieved, the protocol can be streamlined to eliminate multiple incubations and wash steps. Samples may be prepared for testing in the manner outlined in the Sample Preparation and Storage section.

#### 1. Block Plate and Prepare Samples:

- Add 150 μL of blocking solution-A into each well. Seal the plate with an adhesive plate seal, and incubate for 1 hour with vigorous shaking (300–1000 rpm) at room temperature.
- b. Prepare complete lysis buffer just prior to sample dilution.

**Note:** Samples, including cell lysates, etc., may be used neat or after dilution.

- MSD plates are compatible with most sample matrices. Avoid reagents that will denature the capture antibodies (e.g. high concentrations of reducing agents such as DTT should be avoided, and also SDS and other ionic detergents should be 0.1% or less in the sample applied to the well).
- Depending on the stability of the target in the matrix, additional protease and phosphatase inhibitors may be required in the matrix or diluent.
- If working with purified protein, only a few nanograms per well will generally provide a strong assay signal. Purified recombinant proteins may exhibit differences in both signal and background as compared to native proteins in cell lysates.
- > Keep diluted samples on ice until use
- c. Prepare positive and negative cell lysates:
  - (if purchased separately).
  - Thaw cell lysate samples on ice, and dilute them immediately before use. Keep on ice during all manipulations, and discard all remaining thawed, unused material.
  - Dilute cell lysate and 5% blocking solution-B together in complete lysis buffer to a final concentration of 0.8 µg/µL. This will deliver 20 µg/well lysate in 25 µL and 0.5% blocking solution-B.

#### Notes

Read entire protocol prior to beginning the assay.

Solutions containing MSD Blocker A should be stored at 2-8°C and discarded after 14 days.

Complete lysis buffer should be kept ice-cold during all experimental manipulations.

The sensitivity of MSD immunoassays rivals that of ELISAs and Western blots. The amount of sample required for a given assay will depend on the abundance of the analyte in the matrix and the affinities of the antibodies used.

Samples and standards cannot be serially diluted in the MSD plate. Use microcentrifuge tubes or a separate 96-well polypropylene plate to prepare dilutions.

- For example, to prepare 200 μL of 0.8 μg/μL lysate-0.5% blocking solution-B, combine the following:
  - $\hfill\square$  20  $\mu L$  5% blocking solution-B
  - D 80 μL 2 mg/mL lysate
  - I 100 μL complete lysis buffer
- A dilution series may also be prepared if desired. Use a stock of complete lysis buffer-0.5% blocking solution-B (dilute 5% blocking solution-B 1:10 in complete lysis buffer) for any subsequent lysate dilutions.
- Wash and Add Samples: Wash the plate 3 times with 300 μL/well of Tris Wash Buffer. Add 25 μL of samples per well. Seal the plate with an adhesive plate seal, and incubate for 1 hour with vigorous shaking (300– 1000 rpm) at room temperature.

Prepare detection antibody solution during this time.

 Wash and Add Detection Antibody: Wash the plate 3 times with 300 μL/well of Tris Wash Buffer. Add 25 μL of detection antibody solution to each well of the MSD plate. Seal the plate with an adhesive plate seal, and incubate for 1 hour with vigorous shaking (300–1000 rpm) at room temperature.

Prepare 1X Read Buffer T during this time.

- Wash and Read: Wash the plate 3 times with 300 μL/well of Tris Wash Buffer. Add 150 μL of 1X Read Buffer T to each well of the MSD plate. Analyze the plate on the SECTOR Imager:
  - a. Double click on DISCOVERY WORKBENCH<sup>®</sup> icon on computer desktop (if not already open).
  - b. Click the SECTOR Imager icon in upper left corner of screen (if not already open to plate reading screen).
  - c. From the pull down menu select "Read From Barcode."
  - d. If only reading one plate check "Return Plate to Input Stack." Then check "Read Plate(s)" checkbox and enter 1.
  - e. If reading multiple plates, check the "Read Plate(s)" checkbox and enter number of plates to be read in the text field. For example, if five plates need to be read, type in "5."
  - f. Click the "Run" button. The "Run Options" window will be displayed

#### Notes

Shaking a 96-well MSD MULTI-ARRAY or MULTI-SPOT plate during an incubation step will typically accelerate capture at the working electrode.

The lysate sample incubation time provided is optimized for the use of MSD cell lysates. Samples from other sources may require a longer incubation.

Excess diluted read buffer may be kept in a tightly sealed container at room temperature for later use.

Bubbles introduced during the read buffer addition will interfere with imaging of the plate and produce unreliable data.

Plate should be imaged within 5 minutes following the addition of read buffer. Due to the varying nature of each research application, assay stability should be investigated prior to allowing plates to sit with read buffer for extended periods.

An all-inclusive indelible copy of the data and associated instrument information will be saved on the internal database, regardless of data file export selection. Additional copies of the data can be exported in any layout at a later time using this database. Consult the instrument user manual for more information.

- g. If the data from each microplate is to be exported as individual files, select "Separate Files" in the "Export" area of the "Run Options" window. Select "Appended File" if all data from the entire stack run is to be exported to one file. Select "Default" in the "Export Format" area. Check the box to export default data file.
- h. If desired, make selections to export a custom data file.
- i. Browse and select the location to export data files.
- j. Click OK to initiate the run.
- k. Data will be automatically saved in the software database. Text versions of the requested data files will be exported to the designated folder.



# Analysis of Results

The percent phosphoprotein in a sample can be calculated using independent MSD phosphoprotein and total protein singleplex assays or MSD phospho-/total multiplex phosphoprotein assays.

INDEPENDENT ASSAY FORMAT: Anti-Total Singleplex and Anti-Phospho-Singleplex Assays % Phosphoprotein = (Phospho-signal / Total signal) x 100

MULTIPLEX ASSAY FORMAT: Anti-Total and Anti-Phospho-Assay in the same well

% Phosphoprotein = ((2 x Phospho-signal) / (Phospho-signal + Total signal)) x 100

#### Note:

- 1. The above calculation assumes that the capture antibodies on the anti-phospho and anti-total spots have very similar binding affinities.
- 2. The numerator in the equation contains a distribution factor of 2 based on the assumption that the phosphorylated isoform of the protein binds with a similar affinity to the phospho-specific and total capture antibodies. Given equivalent binding of the phosphorylated isoform to both capture antibodies, half of the phosphorylated species will be captured by the phosphospecific and the other half will be captured by the phosphorylation-independent (total) antibody. Therefore, the phosphospecific signal can be referred to as 2X of the phospho spot.
- 3. The denominator is "phospho + total" because this represents the total of all the analyte captured on both of the spots.
- 4. If the % phosphorylation is > 100%, then the distribution factor in the numerator may be adjusted to less than 2X such that the % phosphorylation with the control lysates is 100%.

Example:
----------

Phosphoprotein Assay							
Lysates	Positive Contr	rol Lysate	Negative Control Lysate			P/N	
(µg)	Average Signal	StdDev	%CV	Average Signal	StdDev	%CV	E7 IN
0	245	4	1.4	242	6	26.0	
5.0	19235	2342	12.2	461	3	0.6	42

Total Protein Assay							
Lysates	sates Positive Control Lysate			Negative Control Lysate			P/N
(µg)	Average Signal	StdDev	%CV	Average Signal	StdDev	%CV	
0	561	18	3.2	569	19	3.4	
5.0	7304	1227	16.8	14530	585	4.0	0.5

#### % Phosphoprotein = [(2 x Phospho signal) / (Phospho signal + Total signal)] x 100

Therefore, % phosphoprotein with 5  $\mu$ g of positive lysate will be:

[(2 x 19235) / (19235 + 7304)] x 100 = 144% phosphorylation

In this case, the constant in the numerator may be adjusted using the control lysates as follows:

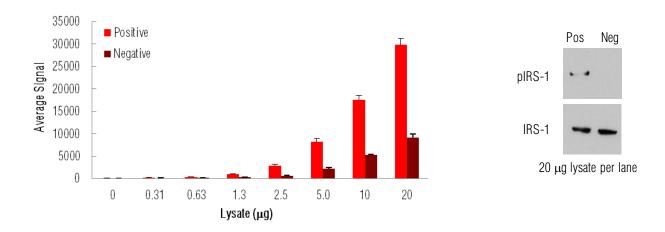
 $[(1.38 \times 19235) / (19235 + 7304)] \times 100 = 100\%$  phosphorylation

1.38 should be used as the numerator for further calculations in the same experiment.



# Typical Data

Representative results for the MULTI-ARRAY Phospho-IRS-1 (Ser312) Assay are illustrated below. The signal and ratio values provided below are example data; individual results may vary depending upon the samples tested. Western blot analyses of each lysate type were performed with phospho-IRS-1 (Ser312) and total IRS-1 antibodies and are shown below for comparison. MCF7 cells were starved in serum-free media for 18 hours (negative) and treated with IGF-1 (100 nM; 20 minutes) (positive). Whole cell lysates were added to MSD MULTI-SPOT 4-Spot plates coated with anti-total IRS-1 antibody on one of the four spatially distinct electrodes per well. Phosphorylated IRS-1 was detected with anti-phospho-IRS-1 (Ser312) antibody conjugated with MSD SULFO-TAG reagent.



*Figure 2:* Sample data generated with MULTI-ARRAY Phospho-IRS-1 (Ser312) Assay. Increased signal for phosphorylated IRS-1 was observed with pIRS-1 positive cell lysate. The Phospho-IRS-1 (Ser312) Assay provides a quantitative measure of the data obtained with the traditional Western blot.

### Lysate Titration

Data for pIRS-1 positive and negative MCF7 cell lysates using the MULTI-ARRAY Phospho-IRS-1 (Ser312) Assay are presented below.

Lysate	Positive			Negative			D/N
(µg)	Average Signal	StdDev	%CV	Average Signal	StdDev	%CV	P/N
0	64	12	18.2	74	10	13.5	
0.31	191	20	10.5	121	20	16.2	1.6
0.63	373	93	24.8	158	11	6.6	2.4
1.3	988	90	9.1	338	54	16.0	2.9
2.5	2872	378	13.1	632	112	17.6	4.5
5.0	8183	783	9.6	2218	273	12.3	3.7
10	17578	950	5.4	5221	204	3.9	3.4
20	29783	1377	4.6	9110	847	9.3	3.3

# Assay Components

The capture and detection antibodies used in this assay are listed below. They cross-react with human whole cell lysates.

	Source Species		
Analyte	MSD Capture Antibody	MSD Detection Antibody	
Phospho-IRS-1	Mouse Monoclonal	Mouse Monoclonal	

# Limitations of the Procedure

The following points should be noted with the MULTI-ARRAY Phospho-IRS-1 (Ser312) Assay to maximize assay sensitivity and performance.

- > A no-wash assay format may be employed, however lower sensitivity may be observed.
- > All buffers containing phosphate should be avoided when detecting phosphoproteins.
- > Due to the unstable nature of phosphoproteins, cell lysates should be thawed immediately prior to use, and any remaining thawed material should be subsequently discarded.

## **Companion Products**

MULTI-SPOT Insulin Signaling Panel (Phosphoprotein) [pIR, pIGF-1R, pIRS-1]				
Kit Size	Catalog Numbers			
1 plate	K15151D-1			
5 plates	K15151D-2			
20 plates	K15151D-3			
20 plates (Base Kit)	K15151A-3			
MULTI-SPOT Insulin Signaling Panel (Total Protein) [IR, IGF-1R, IRS-1]				
Kit Size	Catalog Numbers			
1 plate	K15152C-1			
5 plates	K15152C-2			
20 plates	K15152C-3			
20 plates (Base Kit)	K15152A-3			



# References

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- 4. Mardilovich K, Pankratz SL, Shaw LM. Expression and function of the insulin receptor substrate proteins in cancer. Cell Commun Signal. 2009 Jun 17;7:14.
- 5. Cesarone G, Garofalo C, Abrams MT, Igoucheva O, Alexeev V, Yoon K, Surmacz E, Wickstrom E. RNAi-mediated silencing of insulin receptor substrate 1 (IRS-1) enhances tamoxifen-induced cell death in MCF-7 breast cancer cells. J Cell Biochem. 2006 May 15;98(2):440-50.

# Appendix

#### 96-well Culture Plate Modifications

Successful adaptation to a 96-well culture format is cell type and target-dependent. The number of cells to be plated per well should be determined for each cell type. General recommended plating concentrations for adherent cells range from  $1 \times 10^4 - 5 \times 10^4$  cells per well and approximately  $2 \times 10^6$  cells per mL (50 - 75 µL per well) for suspension cells. These numbers are provided as a guide, and the optimal concentrations will vary depending upon cell line used.

#### **Suspension Cells**

For flat bottom plates, experiments should be designed such that the final volume per well is  $50 - 75 \mu$ L. Perform cell lysis using a 4X complete lysis buffer concentrate, supplemented with protease and phosphatase inhibitors at 4X concentrations. Add 4X complete lysis buffer directly to cells in the growth medium for a final 1X concentration in the well.

Note: With some effort, a 10X complete lysis buffer can also be prepared.

(For conical microwell plates, perform lysis by pelleting the cells, removing most of the growth medium, and adding a constant amount of 1X complete lysis buffer).

### **Adherent Cells**

Plate cells on biologically treated tissue culture ware (such as BD BioCoat<sup>™</sup> Cellware (Becton, Dickinson and Company, Franklin Lakes, NJ) to reduce variability due to cells lost as growth medium is removed. Treat cells as desired. Gently aspirate growth medium from microwell plate. A PBS wash step is not required and can introduce variability. Add 50-100 µL 1X complete lysis buffer per well.

Cell lysis time should be determined by the end user. Some targets are immediately available for detection. Other targets may require an incubation step at room temperature, 45°C, or on ice with gentle agitation.

Carefully pipet cell lysate onto prepared capture plate, and proceed with assay protocol.

It is important to transfer a constant volume and avoid pipetting too vigorously, as the introduction of air bubbles may result. (Targets can be captured from a volume greater than  $25 \,\mu$ L).



#### Summary Protocol

#### MSD 96-well MULTI-ARRAY Phospho-IRS-1 (Ser312) Assay Kit

MSD provides this summary protocol for your convenience. Please read the entire detailed protocol prior to performing the MULTI-ARRAY Phospho-IRS-1 (Ser312) Assay.

#### Step 1 : Block Plate and Prepare Samples

Add 150 μL/well of blocking solution-A. Incubate at room temperature with vigorous shaking (300-1000 rpm) for 1 hour. Prepare complete lysis buffer just prior to sample dilution. Prepare positive and negative cell lysates and keep on ice until use.

#### Step 2 : Wash and Add Sample

Wash the plate 3 times with 300  $\mu$ L/well of Tris Wash Buffer. Dispense 25  $\mu$ L/well samples. Incubate at room temperature with vigorous shaking (300-1000 rpm) for 1 hour.

#### Step 3 : Wash and Add Detection Antibody Solution

Wash the plate 3 times with 300  $\mu$ L/well of Tris Wash Buffer. Dispense 25  $\mu$ L/well of 1X detection antibody solution. Incubate at room temperature with vigorous shaking (300-1000 rpm) for 1 hour.

#### Step 4 : Wash and Read Plate

Wash the plate 3 times with 300  $\mu$ L/well of Tris Wash Buffer. Dispense 150  $\mu$ L/well of 1X Read Buffer T. Analyze plate on SECTOR Imager within 5 minutes of read buffer addition.

